

NAOs Changing the Nutrition Program Landscape TUBIGON, BOHOL

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Outline

- MUNICIPALITY OF TUBIGON PROFILE
- NUTRITION SITUATION IN THE PAST 5 YEARS
- MNC INNOVATIVE PRACTICES
- RECOMMENDATION FOR ACTION OF NAOs
- CONCLUSION AND SUMMARY

MUNICIPALITY OF TUBIGON



Map 1: Location of Tubigon

- The Municipality of Tubigon is a 1st class coastal municipality established in 1819.
- Geographically, Tubigon is a coastal municipality that stretched its coverage to the uplands linking directly to the interior towns of Bohol.
- It is located at the Northwestern part of the province bounded by the municipalities of Clarin on the east, Calape on the west, San Isidro and Catigbian on the south and Bohol Strait on the north.

MUNICIPALITY OF TUBIGON



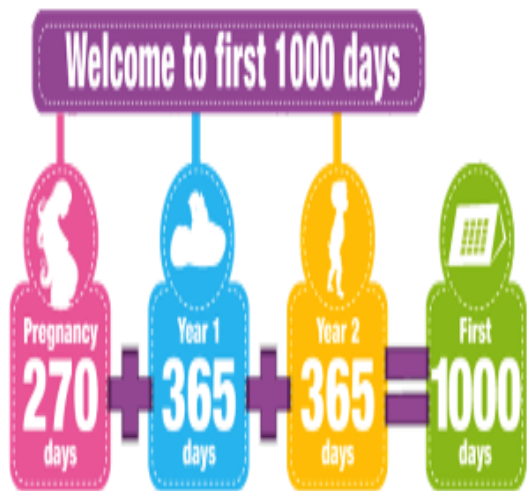
- It is 54 kilometers far from Tagbilaran City, the provincial capital city and situated almost south of Cebu City, the regional capital.
- The municipality is only a 45-minute boat ride from Cebu City and is considered a gateway to the beautiful province of Bohol.
- Out of its 34 barangays, 16 municipalities are inland, 12 are coastal and 6 are island barangays.

MUNICIPALITY OF TUBIGON

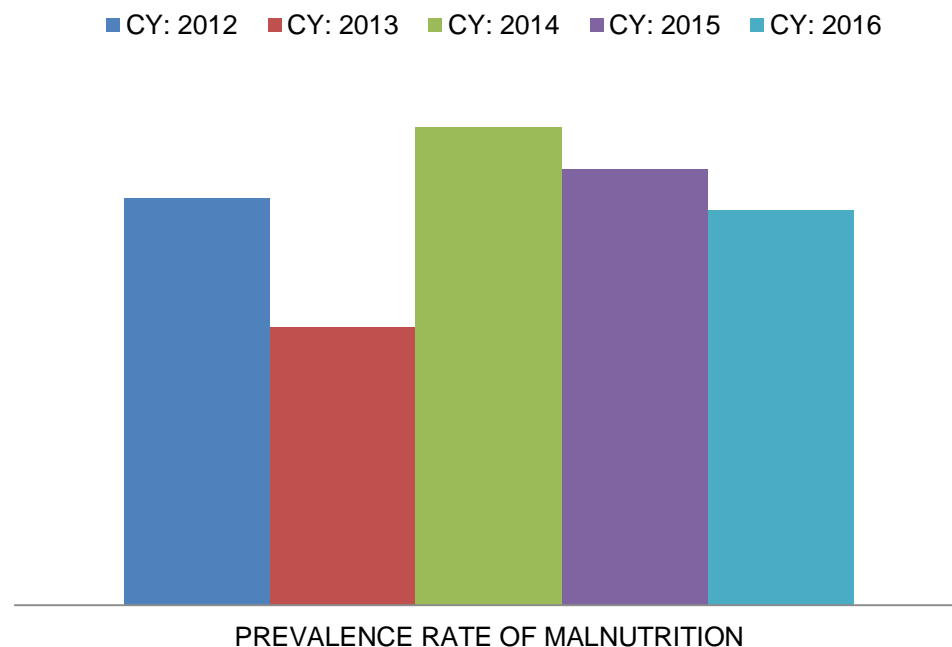
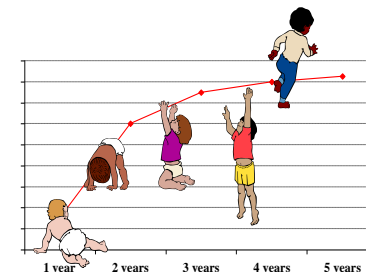


- The 2014 Community-Based Monitoring System (CBMS) of the Municipality recorded 47,464 people. This is larger compared to the Poverty Database Monitoring System (PDMS) count of 41,608 persons on 2010.

NUTRITION SITUATION FOR PAST 5 YEARS



**Target:
Reduce 1%
by the end of
year**



TOWARDS INCLUSIVE GROWTH, SUSTAINED GOOD NUTRITION



- The Municipal Nutrition Committee of Tubigon has sustained implementation of its nutrition related programs and projects despite calamities, time and changing leadership.
- In effect, it has continually reduced cases of malnutrition even after it was conferred the Nutrition Honor Award in 2013 by the National Nutrition Council.

TOWARDS INCLUSIVE GROWTH, SUSTAINED GOOD NUTRITION

For sustainability of the quality of nutrition implementation in the LGU, the Tubigon MNC continues to:

- Have a strong monitoring and evaluation system through its annual Search for Healthy Barangays
- Carry out new and innovative nutrition-supportive initiatives



INNOVATIVE PRACTICES

A response to the objective of ensuring household food sufficiency and security, the Tubigon MNC work hand in hand with the Association of Dairy Farmers of Tubigon (ADFAT) in a project known as Lamian Fresh Cow's Milk to provide milk to target beneficiaries.



Lamian Fresh Cow's Milk

INNOVATIVE PRACTICES



- Adopting the Infant and Young Child Feeding (IYCF) Strategy known as “INA BF Ko,” an acronym for “Isulong Natin ang Breastfeeding Ko.”
- The program promotes exclusive breastfeeding among lactating mothers.
- Part of this initiative is the creation of the Breastfeeding Support Group intended to monitor the issues and concerns on breastfeeding.

-INA, BF Ko (Isulong Natin ang Breastfeeding Ko)

INNOVATIVE PRACTICES

- Part of the nutrition committee's efforts to sustain ecological solid waste management has resulted in the rehabilitation of malnourished preschool children with the help of garbage.
- Through the “Basura Mo, Kalusugan Ko” project, the municipality was able to fund a 120-day feeding program using income from the sale of segregated and recyclable waste materials.



-Basura mo, Kalusugan ko

INNOVATIVE PRACTICES

- Feed the Children Philippines in partnership with MNC Tubigon implemented “Aksyon Ginikanan Alang sa Kabataan (AGAK) program.
- It is a livelihood assistance, food production program and values formation program for poor families with malnourished children.
- AGAK program aims to contribute significantly to the achievement of the goals of the accelerated hunger mitigation program.



-AGAK
(Aksyon Ginikanan Alang sa Kabataan)

INNOVATIVE PRACTICES

- Giving free therapy and special education sessions to children with disabilities in Tubigon.
- STAC currently serves 126 children with disabilities.
- Fun Run/Fun Walk goes to the fund for the needs of special children of the Stimulation and Therapeutic Activity Center (STAC).



-STAC
(Stimulation and Therapeutic Activity Center)

INNOVATIVE PRACTICES

- To stimulate effective and creative practices at the barangay level for promoting food security, health, and nutrition in accordance with the Philippine Plan of Action for Nutrition or PPAN, the Tubigon MNC conducts an annual Search for a Healthy Barangay among its 34 component barangays.

Search for Healthy Barangay Cash Prizes:

1st Prize—30,000php

2nd Prize—20,000php

3rd Prize---10,000php

3 years Maintenance Awardee—5,000php

Hall of Fame Awardee—10,000php



Search for Healthy Barangay

-Search for Healthy Barangay

INNOVATIVE PRACTICES

Since the initial implementation of the annual search for the Healthy Barangay, the municipality has seen a lot of improvements in the municipality. For instance:

- The number of households having vegetable gardens climbed from 66.23% in 2010 to **74.27% in 2015.**
- The number of houses with no sanitary toilets has gone from 13.28% in 2010 down to **8.76% in 2015.**
- The number of barangays with 100% of households having sanitary toilets increased from two (2) barangays in 2010 to **3 barangays in 2015.**
- The number of barangays with zero malnutrition also leapt from 2 barangays in 2010 to **8 barangays in 2015.**



-Search for Healthy Barangay

NEW INNOVATIVE PRACTICES



UBOJAN BRGY. STAGE, UBOJAN, TUBIGON, BOHOL
November 12, 2015
9:00 AM to 12:00 NN

Vitamin Angels

Ensuring adequate nutrition improves the pregnancy outcome and enhances breastmilk production.

- Reduce anemia, night blindness, and other symptoms caused by vitamin and mineral deficiencies
- Support a healthy immune system
- Improve birth weight
- And promote physical and cognitive development in children.



NEW INNOVATIVE PRACTICES



The program takes cognizance of the need to provide and grant in-kind incentives to pregnant women and lactating mothers who religiously practice and follow the required pre-natal and post-partum check-up and receive primigravida and multigravida immunization doses at the duly established barangay health stations.

Our ultimate goal is 0 (ZERO) maternal death incidence.

Preggy Kit



NEW INNOVATIVE PRACTICES



- MNC encourages lactating mothers to donate breastmilk in Birthing Center to mothers unable to produce breastmilk as yet to give to her baby.
- MHO lactation staff performed wet-nursing to infants who are not able to received breastmilk from his/her mother.

Tubigon Milkbank

NEW INNOVATIVE PRACTICES

Care Group

- Aims to change the behavior of mothers or guardians on child-care practices thru Care Group process.
- 10-15 Volunteer mothers
- Interpersonal Behavior Change Communication



BE AN EFFECTIVE NAO!

*Adopt strategy on partnerships
to maximize local resources and
extend services to needy areas*



*Be
Resourceful*

BE AN EFFECTIVE NAO!

Develop new ways of finding solutions to nutrition problems. Remember to always think outside the box and consider what your community needs.

*Be
Innovative*



BE AN EFFECTIVE NAO!



Be Committed

*Stick to the ultimate goal of
having a well-nourished
community... even if it means
you need to sway with the tide.*

Summary and Conclusion

Agriculture



Small-scale Cottage Industries



Through the years, the Tubigon Municipal Nutrition Committee has helped bring down malnutrition through its various innovative and creative projects combating malnutrition and promoting good nutrition and good health.

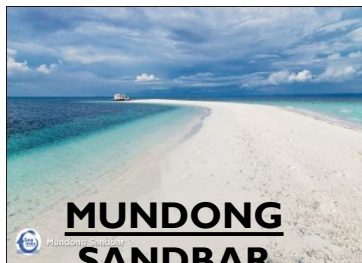
Summary and Conclusion



FB AWARDS MUNICIPAL-LEVEL CATEGORY RECEIVED DURING REGIONAL NAO CONGRESS LAST AUGUST 12, 2016 AT CITY SPORTS CLUB, CEBU



Summary and Conclusion



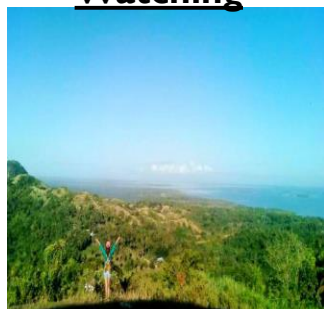
**MUNDONG
SANDBAR**



**DUMOG
DISCOVERY
DIVE**



**Cabgan Bat
Watching**



Magsaysay Drive



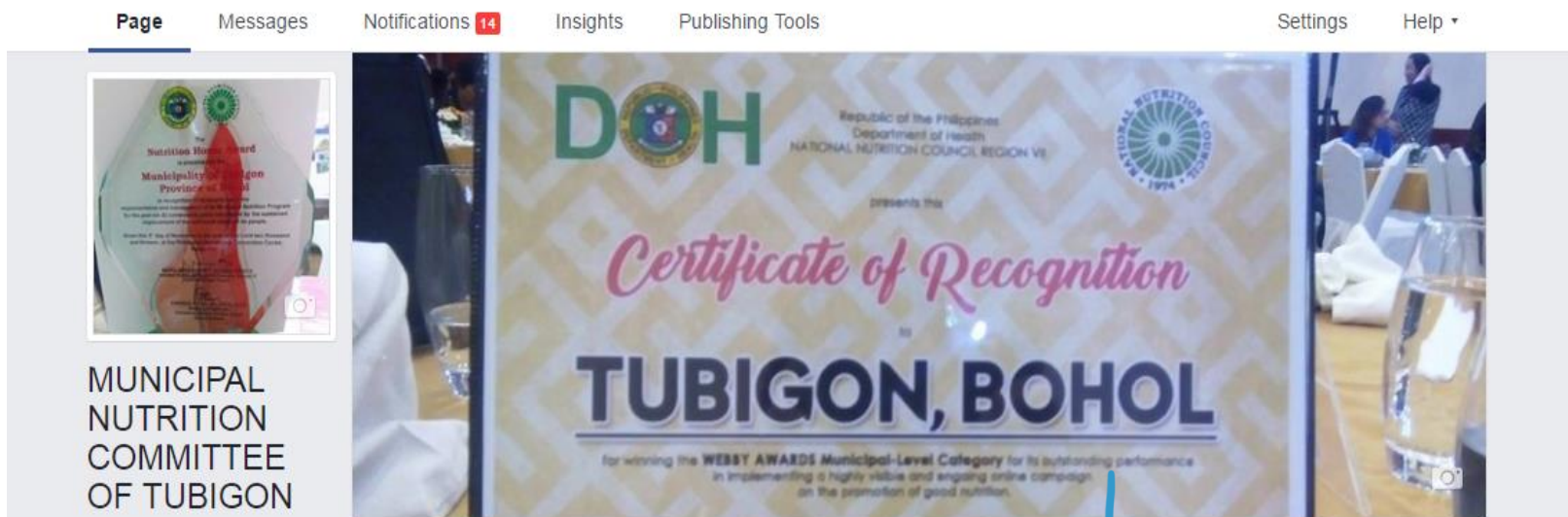
**Manmade
Lagoon**

Municipality of Tubigon has seen through the years the overflowing blessings -- just like its swelling river waters -- of a consistently dwindling prevalence of malnutrition and the steady rise of good health and nutrition in the municipality and in the region.



**“GOOD GOVERNANCE IS
NOTHING WITHOUT
NUTRITION ON ITS
AGENDA.”**

Please like our page!



thank you!